



international

EAHAE International Association for Horse Assisted Education



Over 300 qualified members from more than 40 countries on five continents

We are all leaders, some lead themselves, some lead others. Being a congruent leader makes life easier and more meaningful.

How do you ensure the team building programmes in your organisation get your teams performing at their best?

Creative, action based experiential learning opportunities to help you actualize your leadership excellence, engage in team performance and inspire organizational spirit.

Horse Assisted Education

For many hundreds of years, man and horse have worked together. In recent times many more horse people have come to realize that horses are not just our working partners and pets but also great teachers.

We are learning that horses can teach us about many highly valued core skills that can get lost in today's hectic lifestyle. Given the current social and economic climate it is now more important than ever to rediscover these core skills. Horses are the perfect teachers for many of these skills and Horse Assisted Education is a wonderful way to learn.

Over 300 seminar providers, coaches, facilitators work together in the EAHAE International (former European) Association for Horse Assisted Education.

*EAHAE stands also for **E**quine **A**HA **e**xperience.*

Experience for yourself and your organization how important trust, respect, honesty, humility, integrity, and authenticity are in effective communication and in getting results.

Welcome to a new world of learning!



Observing and assessing.

Leadership

Now that people are educated and think for themselves, we need a paradigm shift in their development. Congruent, inspirational leadership by example is the order of the day. This leadership is about four things:

- 1 being clear about what you want at any given moment and understanding what being congruent means for you,*
- 2 understanding your peers and those you are leading, the way they think and communicate and*
- 3 simultaneously focusing on both 1 and 2, in order to*
- 4 take appropriate and effective action.*

This brings huge benefits to yourself and everybody around you. Horse Assisted Leadership Development is a powerful experiential approach for developing aligned personal skills in action by working in partnership with horses. You try out your skills by working with a large, powerful horse to do simple tasks.

Why horses? Because horses are extremely canny herd animals that only respond well to good congruent leadership and instinctively challenge weak leaders. They don't have a personal agenda. They just respond to who and how you are at any moment. Believe it or not, human-to-human communication is 93% nonverbal, yet most education and training concentrates on the remaining 7%, words. The remaining 93% is largely neglected. This means there is enormous scope to achieve a lot even with just a little work on that 93%. As you learn to lead a horse without words (and without force), you are developing the neglected 93%. You will be amazed at how instant and accurate the feedback is. Guaranteed.



Leading and being led.

Team

Horse assisted team building is a unique and powerful experiential team event working with horses. We guarantee you will experience a positive change in your teams. Although we work with horses, this programme is not about horses - it is about people.

On our team events, your people will

- 1 Understand and appreciate the unique skills of each team member.*
- 2 Actually work together in challenging situations, not role play and pretend.*
- 3 Know how to engage with the entire team more effectively.*
- 4 Leave with a clear vision of how to work together.*
- 5 Feel part of a cohesive, effective, high performance team.*

So many training focus on what we do in the team, this programme is different.

Working with the horses, you focus on how and who you are in the team. We work with the really important elements of teamwork:

Clarity of purpose, awareness, belief in self and others, confidence and the importance and dynamics of leadership within the team .



Goal orientation.

Coaching

In the coaching relationship, horses help us in our effort to work with trust, respect, and understanding. This can help us to expand our awareness so our true creative, spirit can express itself.

Some topics that will be covered:

- 1 Your creative Self*
- 2 Confidence and Self-Esteem*
- 3 Setting and achieving goals*
- 4 Expanding the comfort-zone*
- 5 Overcoming obstacles*
- 6 Building good relationships*

Feedback comes from three sources, namely horses, video, and coach.

The theory is kept to a minimum, but all results are related back to your every-day life and your professional world.



Distance and nearness.

EAHAE

EAHAE was founded by Gerhard Krebs (HorseDream) in August 2004.

EAHAE is a support platform, on which every member can develop her/his horse assisted education business. For the EAHAE community, it is essential we hold and adhere to certain values.

Above all is trust. Further, we encourage caring, collaborative business and not a competitive business. It is the core of the EAHAE values that we collaborate on an equal level. Regarding our horses, we consider them as trainers, not as tools.

These core values are a substantial and essential facet of the HorseDream Train the Trainer Seminar, which qualifies for EAHAE membership. If it is felt by the board that these values are being compromised, then membership can be revoked.

For further information, please visit the website www.eahae.org.

Board:

Gerhard J. Krebs (President), Karin Krebs (Vice-President)

Agata Wiatrowska (Director), David Harris (Director)



The first encounter.



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